



Vandana Singla

as having successfully completed the course:

High Intensity Interval Training - Programming with Body Weight, Towels, and Bands

CONTINUING EDUCATION CREDITS:

AFAA (1.00 CEUs)

NASM (0.10 CEUs)

NIEW (0.10 Units)

May 23, 2025

Date



Vandana Singla

as having successfully completed the course:

NASM Integrated Core Training

CONTINUING EDUCATION CREDITS:

ACE Approved Course: CP174488 (0.30 CECs)

AFAA (3.00 CEUs)

NASM (0.30 CEUs)

NSCA Provider Number: B1006-HSCTR (Category C / Core Training) (0.30 CEUs)

canfitpro Provider Number: 120301 (1.00 CECs)

May 19, 2025

Date



Vandana Singla

as having successfully completed the course:

Integrate Progressive Overloading Strategies to Help Achieve Your Physique Transformation Goals

CONTINUING EDUCATION CREDITS:

AFAA (1.00 CEUs)

NASM (0.10 CEUs)

NSPA (1.00 CEUs)

May 29, 2025

Date



This is to Certify That

VANDANA SINGLA

Has Successfully Fulfilled All Requirements For

CERTIFIED PERSONAL
TRAINER



A handwritten signature in black ink, appearing to read "Warren Heffelfinger".

Warren Heffelfinger, CEO
INTERNATIONAL SPORTS SCIENCES ASSOCIATION

02-03-2026
Issue Date

6335310
Certificate No.

02-03-2028
Expiration Date



HIMALAYAN ACADEMY OF SOUND HEALING

CERTIFICATE

of completion

Level 1
Qualified sound healing practitioner

Reg no : SBST01-78

Vandana Singla

A true testament to your competence and excellent knowledge in the application of singing bowls for sound healing.

Your intuitive precision and deep presence shine through in every session, transforming sound into a powerful tool for healing and inner transformation.

6.4.25

Date



Phanendra Singh

Founder





ASHMAYU YOGA
INSTITUTE
ISO 9001 - 2015 Certified

Reg. No. : AYI-YTTC-B6-59

YOGA TEACHER TRAINING COURSE

LEVEL 1 - 200 HOURS

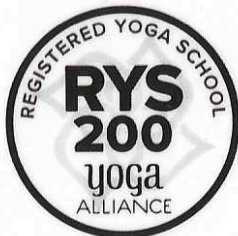
Vandana Singla

This is to certify Sri/Smt
has successfully graduated the 200 Hour Yoga Teacher Training Course at Ashmayu Yoga Institute. The graduate is now qualified to deliver independent Yoga sessions and shall uphold Yogic Values and Principles.

Course Start Date: 5th Jan, 2019

Graduation Date: 7th Sep, 2019

Venue: **Ashmayu Yoga Institute**, Bengaluru - INDIA.



Naveen

Naveen Sharma
Founder

Sireesha

Sireesha Naveen
Founder

Certificate of Completion

Vandana Singla

has completed the requirements for

CPR/AED for Professional Rescuers

conducted by

Morrisville Aquatics Fitness Ctr.

Date Completed: **10/27/2024**

Valid Period: **2 Years**

Certificate ID: **01N7O2U**



Scan code or visit:

<https://www.redcross.org/take-a-class/qrcode?certnumber=01N7O2U>



Reg. No: SVYASA/YIC-OL/WE/04-22/26

Swāmi Vivekānanda Yoga Anusandhāna Samsthāna

(Deemed to be University under Section 3 of the UGC Act, 1956)

NAAC Accredited A+ University

CERTIFICATE

This is to certify that

Vandana Singla

has successfully completed the requirements of the

Yoga Instructor's Course (Y.I.C)

(12 Credit Online Course comprising of 300 Hours of Learning)

conducted by

Swāmi Vivekānanda Yoga Anusandhāna Samsthāna (S-VYASA)

at Prashanti Kutiram, Jigani, Bengaluru

conducted between **Dec-April, 2022**

April 03, 2022

Issued on



Dr. Pranesh Gudur
Registrar - Evaluation

AMRIT YOG FOUNDATION



This is to certify that

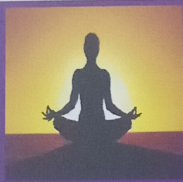
Vandana Singla

Has successfully completed The Teacher Training Program in the tradition of Patanjali's classical Ashtanga yoga asana pranayama and meditation and, having proficient understanding and ability to apply these principals, is now recognized as a trained yoga instructor

30 June 2015

Date

Director



TRAINING CERTIFICATE

YOGA TEACHER TRAINING COURSE

Date: 13/6/2020 at New Delhi

This is to certify that VANDANA SINGLA has attended a Training Workshop

Program on YIN YOGA organised by our Institute.

She is Trained to Teach this Subject to Others. We wish her success.

DR. RITU PAMNANI

SWASTHIK NATURE CURE

YOGA STUDIO : 25/4 OLD RAJINDER NAGAR, NEW DELHI 110060

www.Yoga4India.com

Reebok INSTRUCTORS ALLIANCE

Certificate of Achievement

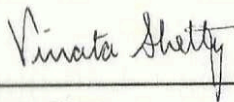
This is to certify that

Vandana Singla

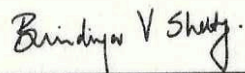
has successfully completed
The certification workshop and has been certified as

REEBOK CORE PILATES TRAINER

In witness whereof we attach our names and the seal of the company



Vinata Shetty
Reebok Master Trainer,
Reebok Instructors Alliance



Bindya Vishwasrao Shetty
Pilates Master Trainer
Reebok Instructors Alliance

12th May 2019

Date (Valid for 5 yrs)

