

National Academy of Sports Medicine
has conferred upon

Shoshana Lasday

the NCCA accredited certification of
Certified Personal Trainer

*for honorably fulfilling all of the requirements prescribed by
the National Academy of Sports Medicine and NCCA accredited
certification examination. This certificate is granted with all the
honors, rights, privileges, and responsibilities pertaining thereto.*

1241392636

Certificate Number

12/14/2026

Expiration Date



A handwritten signature in black ink, appearing to read "Michael", is positioned above a horizontal line.

CEO - Fitness & Wellness Solutions

