



Getting people moving

Date: 1/8/2024

RE: ACE Certification Confirmation

To Whom It May Concern:

Please accept this letter as verification that Elizabeth Kovar residing in SEATTLE, WA holds a current Personal Trainer Certification from the American Council on Exercise.

Elizabeth's certification, number T151306, is valid through 12/31/2025.

Like all ACE Certified Professionals, Elizabeth is required to complete 20 hours of continuing education and possess a current CPR/AED certification throughout the 2-year renewal period. He or she is also guided by standards set forth in the ACE Code of Ethics.

For your convenience, ACE Certifications may also be verified through our online Find an ACE Certified Pro search engine at ACEfitness.org/FindanACEpro. You may also utilize the U.S. Registry of Exercise Professionals at USreps.org to verify credentials for exercise professionals certified by ACE and several of our partners in the industry.

Since 2003, ACE certifications have held accreditation by the National Commission for Certifying Agencies (NCCA), a standard recommended by the International Health, Racquet and Sportsclub Association (IHRSA) and the Medical Fitness Association (MFA). For more information about the NCCA, please visit CredentialingExcellence.org.

If you have any further questions, please feel free to give us a call at (800) 825-3636.

Yours in health,

A handwritten signature in black ink, appearing to read "Scott Goudeseune", written in a cursive style.

Scott Goudeseune
President and CEO